

# TRANSFORMING SOCIETAL PAIN & DISCORD

**Christina Renée Joubert**

**Transformational Speaker | Teacher | Leader**



**Christina's powerful tools and strategies — coupled with her deeply moving personal stories, profound vulnerability and palpable love — give people a new way to look at the problems that plague us as individuals, members of society, and children of the world.**

## **TOPICS:**

**Breaking the Cycles of Pain that Keep Generations Stuck**

**Overcoming Hate: The Power of Choosing Love - Even When It's Hard To**

**How I Healed Myself from My Addictions — From the Inside, Out**

**How Guardian-Style Policing Saved My Life & Secured My Future**

**Honoring Our Children's Spirit - How to Raise Happy, Emotionally Healthy Children Who Are Full of Dreams, Self-Love and Self-Worth**

Christina turns traditional, paralyzing beliefs, behaviors, and patterns on their head and gives people a new, refreshed way to look at the same old problems and the same old dysfunctional patterns that show up in life — so that they can change them. In her groundbreaking work, she illustrates how our thoughts, programming, and pain leads to the overwhelming majority of our discontentment in life and the overwhelming majority of the discord and hate we experience in society. She also gives people the knowledge, wisdom, tools, and strategies required to change it.

- ✓ Interactive experience
- ✓ Live Q&A Coaching
- ✓ Powerful reframing
- ✓ Deep sharing
- ✓ Raw, vulnerable storytelling
- ✓ Compassionate listening
- ✓ Life-changing, new perspectives
- ✓ Inner peace tools/hacks for immediate relief
- ✓ Emotional breakthroughs
- ✓ Getting Unstuck
- ✓ New Ways to Overcome Old Emotional Triggers
- ✓ Enlightening and Emotionally Uplifting
- ✓ Breaking Old, Worn-out Patterns & Cycles



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